#### Mar 22, 2014 Wine and Dine Menu and House Assignments

House #1

Judy and Randy Paulson 3401 O'Malley 972-523-0857

Appetizer:

Wildt

Olive Crostini

Salad:

Deen

Shrimp with Capers Salad

Main Course:

Paulson

Pork Tenderloin with Bourbon Ancho Sauce

Sides:

TBA by Ronnie

Asparagus

Jicama Slaw

Dessert

Vokolek

Citrus Angel Food Cake

House #2

Tom and Suzanne Burns 3428 Terry 972-618-2655

Appetizer:

Brule

Salad:

Coleman

Main Course:

Burns

Sides:

TBA by Ronnie

Dessert:

Coleman

House #3

Mona Notinger and Steve Zuhoski

3432 Terry 214-517-2080

Appetizer:

Apprill

Salad:

Daykin

Main

Notinger/Zohoski

Sides

Morrow

Dessert:

Corpion

#### **WINE & DINE 2013**

#### **PORK TENDERLOIN MENU**

## **Appetizer—Olive Crostini**

#### **DOUBLE THIS RECIPE**

16 pieces

16 ¼ inch thick slices French baguette

1½ cups pitted black olives

6 TBLS olive oil, divided

½ pound assorted fresh mushrooms cleaned & sliced

2 large garlic cloves, peeled

salt & freshly ground black pepper

8 thin shavings fresh Parmesan cheese

2 Italian plum tomatoes, cut crosswise into 8 ¼ inch slices

8 fresh basil leaves

Preheat oven to 350 degrees. Place bread slices on baking sheet and bake about 5 minutes to lightly toast on one side.

In food processor, combine olives and 3 tablespoons of the olive oil. Pulse until finely diced.

In large skillet, heat remaining 3 tablespoons olive oil over medium high heat. Add mushrooms and garlic and cook 5 minutes. Season with salt and pepper to taste. Remove from heat.

Remove garlic from mushroom mixture and rub over surface of toasted bread. Spread olive mixture on all 16 bread slices. Cover 8 of the slices with reserved mushroom mixture. Cover remaining 8 slices with Parmesan and tomato slice. Season all 16 pieces generously with pepper. Bake 3-4 minutes or until hot. Remove from oven and place basil leaves over tomatoes. Serve hot.

## 6-8 servings

1½ pounds medium to large shrimp, cooked, peeled, and deveined
2/3 cup finely chopped fresh parsley
3 TBLS chopped green onions
1 tomato, peeled and chopped
2 TBLS drained capers
1 teaspoon dried basil
½ teaspoon salt
½ teaspoon sugar
1cup mayonnaise
Freshly ground black pepper

In large bowl, combine shrimp, parsley, green onions, tomato, capers, basil, salt, sugar, mayonnaise, and pepper to taste. Stir gently to blend. Taste and add additional salt and pepper if desired. Chill 6 To 24 hours before serving—enhances the flavor.

Garnish with sprigs of parsley.

Garnish: fresh parsley springs

Serve on lettuce lined plates, or in an avocado half or hollowed tomato.

Estimate 5 large shrimp per person.

### Vegetables

# ADJUST TO SERVE 10

2 servings

#### **ASPARAGUS**

6-8 spears small asparagus olive oil

salt and pepper to taste

Toss asparagus in olive oil, salt and pepper. Roast for about 5 minutes depending on size.



2 servings

1ounce jicama, julienned 1ounce radishes, julienned 2 teaspoons chopped cilantro Juice of 2 limes 2 teaspoons olive oil 45/

Combine jicama, radishes cilantro, lime juice, and olive oil.

# Pork Tenderloin, bourbon ancho sauce, jicama slaw

#### Serves 2

# **ADJUST TO SERVE 10**

- 2 6 oz pork tenderloins
- 2 ounces brown sugar
- 2 teaspoons ground cumin
- 4 ounces corn kernels (fresh when in season, otherwise frozen) pinch of cumin & pinch of salt
- 6 ounces heavy cream

Preheat oven to 375 degrees. Rub tenderloins in a mixture of brown sugar and cumin. Sear in a hot pan on all sides and cook to desired temperature in oven.

#### **BOURBON ANCHO SAUCE**

- 2 red onions, finely chopped
- 2 ounces vegetable oil
- 2 cups bourbon
- 4 ancho chilies (use other peppers if you want more heat—like chili peppers, pasilla peppers--whatever you prefer)
- 4 cups chicken broth
- 1 cup apple juice
- 2 TBLS brown sugar

In a small pot, sweat red onions in hot oil. Add bourbon and cook down until it has completely evaporated. Add chilies, chicken broth, apple juice, and brown sugar. Simmer until the mixture is reduced by half. Place in a blender and puree until smooth. Plan on 2 TBLS per serving. Make ahead and reheat.

Cook corn over low heat with about 1 ounce of water until very soft. Add a pinch of cumin and salt. Puree in a blender until smooth, adding heavy cream as needed; the consistency should be slightly thicken than pancake batter; set aside.

To serve, spread corn puree in the middle of each serving plate. Cut pork tenderloin in half. Place half on the puree and top with asparagus. Lean the other half over over the asparagus and top with slaw. Drizzle sauce around the plate.



# Dessert—Citrus Angel Food Cake

Serves 8-10 portions

#### Batter:

10 egg whites at room temperature
1 1/4 teaspoons cream of tartar
1 1/2 cups sugar
1 cup cake flour, sifted
1/8 teaspoon salt
zest of 1 orange
zest of 1 lemon
zest of 1 lime

Glaze and Topping: ½ cup fresh lime juice 2 ½ cups powdered sugar finely grated lemon zest fresh berries and real whipped cream

Preheat oven to 350 degrees. In the bowl of a standing mixer fitted with a whisk attachment, whip egg whites on medium low speed for 30 seconds or until frothy. Add cream of tartar and beat on medium high for about 15 seconds longer. With machine running, add sugar in a slow steady stream. Whip until whites are thick, satiny, and stiff, but still moist. Reduce to low speed and carefully mix in flour and salt. Mix in zests. Gently spread batter into an ungreased angel food cake pan or divide evenly among individual angel food cake pans. Tap pan counter to eliminate any air bubbles.

Bake 15 minutes or until a wooden skewer inserted in the center comes out clean. Turn pan upside down on counter and cool completely in pan. When cool, run a knife around inside edge of pan and gently remove cake. Place on a cooling rack or pedestal.

For glaze, combine lime juice and powdered sugar and blend until smooth and free of lumps. Drizzle glaze over cake and sprinkle with lemon zest. Serve with fresh berries and real whipped cream.

Recípes from Colorado Classíque Cookbook & Colorado Collage Cookbook (Juníor League recípes)